

About Raphah Ministries

Raphah Ministries is a non-denominational Christian healing and discipleship ministry with a vision to touch hurting and wounded believers with the Father-Heart of God, and to rebuild such broken lives with healing and restoration to wholeness through the Word of God, biblical counsel and Spirit-enabled prayer.

The ministry had its beginnings in a local prayer support group for the Ellel Ministries' International Schools of Evangelism, Healing and Discipleship, England, and grew out of the desire of a number of its alumni to establish a similar local ministry and training centre where believers could come and receive teaching, be trained and equipped to serve the Body of Christ in healing and discipleship ministry.

Based at "Beit Raphah" – House of Healing – located in the residential suburb of Petaling Jaya, Raphah Ministries is served by volunteer ministry teams and a Leadership comprising members from different congregations. The Leadership is in turn advised by a panel of senior Christian leaders of the Malaysian Church community.

The ministry is registered in Malaysia as Life Rebuilders (M) Sdn. Bhd. [534687-U] and has training and ministry centres in Petaling Jaya and Ipoh.

Raphah Ministries is a current member of the National Evangelical Christian Fellowship of Malaysia (NECF).

FOR OFFICE USE

Date Received: _____

Payment Received:

Cash

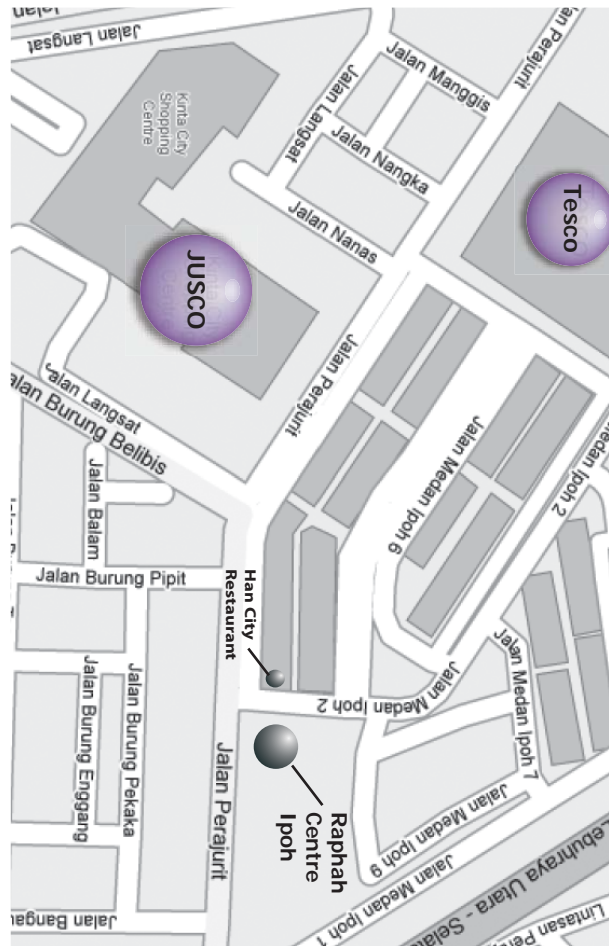
Cheque No: _____

Payment Acknowledged:

By Phone

At Registration

By Email



Life Rebuilders (M) Sdn. Bhd. (534687-U)

PJ Centre

35 Jalan SS 2/2, 47300 Petaling Jaya,
Selangor Darul Ehsan.
Phone: 603-78770035
Fax: 603-78772036

Ipoh Centre

Lot 303, Unit A-2-2 Tingkat 2,
Intan Business Centre,
Jalan Medan Ipoh 2, Bandar Baru Medan Ipoh
31400 Ipoh
Perak Darul Ridzuan
Contacts: 05-5470860(Off), 012-4677546 (Mary)
012-5740710 (Siow Chooi)

Email: raphahipoh@gmail.com

Website: www.raphahministries.org.my



Understanding & Overcoming Depression

a one-day Raphah Ministries seminar



*Discover how you can break
and overcome the power and torment of
Depression in your life!*

**Saturday, 9 October 2010
9.00 am -5.00 pm**

**@ Raphah Centre Ipoh
Lot 303, Unit A-2-2- Tingkat 2
Intan Business Centre, Jalan Medan Ipoh 2
Bandar Baru Medan Ipoh.**

RM30.00
before 6 October 2010
(inclusive of workbook & refreshments)

About the Seminar

We all experience difficulties in life: failures, regrets, loss of loved ones, problems at work, deteriorating relationships, etc., that cause us to feel moody or depressed. In most cases these “mood swings” pass as the difficulties and problems are resolved or overcome. However, in some situations, these moody feelings—like a blanket of weariness and heaviness of heart—can persist and develop into episodes of depression.

Such severe or prolonged depression can affect a person's thoughts, health, appetite, sleep, energy, work, relationships, behaviour and more. As a matter of fact, people who suffer from depression find it a real struggle to function normally despite their previous ability to handle changes and challenges. A common feeling often experienced is that of being wrapped in a dark cloud of misery and despair that seems impossible to escape from!

A depressive disorder is a “whole-person” illness involving spirit, soul and body and not just a passing blue mood or condition that can be willed or wished away. It is a psychiatric condition, and sufferers cannot merely “pull themselves together” and get better.

The good news is that depression can be treated and overcome. People suffering from depression can recover and need not have the symptoms last for weeks, months or years. Appropriate treatment coupled with an understanding of the spiritual—as well as psychological—nature of depression, the combination of factors that cause depression, and learning to recognize the signs and triggers can greatly help a person towards recovery and healing in God.

This seminar on **Understanding and Overcoming Depression** begins by examining the extent to which depression is a problem of the emotions, the consequences of sin, the activity of spiritual powers or a combination of all three. The second session looks at and considers some of the causes and triggers commonly associated with depression, and the “cures” often prescribed for their healing. After lunch, the third session offers a Christian perspective to appreciating and understanding depression, and offers some practical suggestions and spiritual keys for the overcoming of depression. The last session concludes the teaching, answers questions raised, as well as a short time to pray for the participants and their needs in this area.

Seminar Details

Date:	Saturday 9 October 2010
Time:	9.00 am - 5.00 pm
Venue:	Raphah Centre Ipoh Unit A-2-2 Tingkat 2 Intan Business Centre Jalan Medan Ipoh 2 Bandar Baru Medan Ipoh (opposite Han City Restaurant & JUSCO)
Fee:	RM30.00 (teaching, workbook & refreshments) Kindly note that registration fees are NOT REFUNDED in the event of absence or failure to attend the seminar.
Late Fee:	A late registration fee of RM10.00 will be charged for registrations received after the closing date.
Closing Date:	Wednesday, 6 October 2010

Schedule

08.30–09.00 a.m.	Registration
09.00–10.30 a.m.	Emotion, Sin Issue or Demonization?
10.30–11.00 a.m.	Break
11.00–12.30 p.m.	Causes, Triggers and Cures
12.30–01.30 p.m.	Lunch
01.30–03.00 p.m.	Overcoming Depression I
03.00–03.30 p.m.	Break
03.30–05.00 p.m.	Overcoming Depression II

Registration Form

YES! Please register me for the following Seminar



Understanding & Overcoming Depression

Saturday, 9 October 2010
9.00 am - 5.00 pm

Fee: RM30.00 (Please note that a late charge of RM10.00 is applicable for registrations received after the closing date of Wednesday, 6 October 2010)

REGISTRATION DETAILS

(registration closes **Wednesday, 6 October 2010**)

Rev/Dr/Mr/Ms/Pastor _____

Address _____

Tel (Off) _____ (Hse) _____

(Fax) _____ (Mobile) _____

Email _____

Church _____

Please make photocopies of this registration form if there is more than one registration.

KINDLY NOTE THAT WALK-IN REGISTRATION IS DISCOURAGED, AND WILL BE CHARGED THE FULL SEMINAR FEE OF RM40.00

PAYMENT

Seminar fee of RM30.00/40.00* enclosed.

Please note that the seminar fee is NON-REFUNDABLE but may be transferred to another person, and registration is confirmed only on receipt of payment by the closing date.
(* for late or walk-in registrations)

Payment of fees by Cheque should be made out to **LIFE REBUILDERS (M) SDN. BHD.** Completed registration forms together with payment can be sent to:

LIFE REBUILDERS (M) SDN. BHD.
Lot 303, Unit A-2-2 Tingkat 2,
Intan Business Centre, Jalan Medan Ipoh 2,
Bandar Baru Medan, 31400 Ipoh