

## About Raphah Ministries

Raphah Ministries is a non-denominational Christian healing and discipleship ministry with a vision to touch hurting and wounded believers with the Father-Heart of God, and to rebuild such broken lives with healing and restoration to wholeness through the Word of God, biblical counsel and Spirit-enabled prayer.

The ministry had its beginnings in a local prayer support group for the Ellel Ministries' International Schools of Evangelism, Healing and Discipleship, England, and grew out of the desire of a number of its alumni to establish a similar local ministry and training centre where believers could come and receive teaching, be trained and equipped to serve the Body of Christ in healing and discipleship ministry.

Based at "Beit Raphah" - House of Healing - located in the residential suburb of Petaling Jaya, Raphah Ministries is served by volunteer ministry teams and a Leadership comprising members from different congregations. The Leadership is in turn advised by a panel of senior Christian leaders of the Malaysian Church community.

The ministry is registered in Malaysia as Life Rebuilders (M) Sdn. Bhd. [534687-U] and has training and ministry centres in Petaling Jaya and Ipoh.

Raphah Ministries is a current member of the National Evangelical Christian Fellowship of Malaysia (NECF).

### FOR OFFICE USE

Date Received: .....

Payment Received:

- Cash  
 Bank Transfer  
 Cheque No: .....

Payment Acknowledged:

- By Phone       At Registration  
 By Email



Sungai Way - Subang Methodist Church (SSMC)

Lot 1044 Jalan Cempaka,  
 Kampung Sungai Kayu Ara  
 Damansara Utama, 47400 Petaling Jaya,  
 Selangor Darul Ehsan, MALAYSIA

Tel: +603-7726 9172 Fax: 7727 3036

Website: [www.ssmc.com.my](http://www.ssmc.com.my)

Email : [ssmethodist@gmail.com](mailto:ssmethodist@gmail.com)



# Making Sense of Your Emotions

a one-day Raphah Ministries seminar

**Date & Time:**

**Saturday**

**25 June 2011**

**9.00 am-5.00 pm**

**Venue:**

**Sungai Way Subang Methodist Church (SSMC)**

Lot 1044 Jalan Cempaka,  
 Kampung Sungai Kayu Ara  
 Damansara Utama  
 47400 Petaling Jaya  
 Selangor

**Cost:**

**RM40.00**

(fee is inclusive of training, workbook & refreshments)

please note that a late charge of RM10.00 is applicable for registrations received after the closing date of

Wednesday, 22 June 2011



## About the Seminar

For many years it has been the norm to accept the conventional view of intelligence based on IQ as the measurement for mental capability, wholeness and health. However, in the last two decades or so there has been an unparalleled burst of scientific study on emotions and how the brain centres for emotion affect people—moving them to rage or tears, to love or hate, etc.

Writings by medical professionals indicate that there are at least 4,000 types of fears that can affect mankind. As modern life becomes increasingly stressful and complex, issues of fear, worry and anxiety can easily develop from the pressures within and oppressions without. The bad news for the Christian is that—from God's point of view—walking and living in a continued, unresolved state of fear, worry and anxiety is sin! For where fear, worry and anxiety rule, faith takes flight.

To make matters worse, a sustained state of fear, worry and anxiety in a person—accompanied by the release of destructive chemical toxins triggered by the negative emotions—can depress the immune system, thereby making the person vulnerable to biological sicknesses and diseases.

Sadly, many do not seem to know how to break free from the grip of these emotional issues. Consequently, there is a great need for us to understand our emotions, and especially how we can process and harness them in a godly way to make them work **for** us rather than **against** us; that is, to have a better handle on managing our emotions for positive benefit.

The **MAKING SENSE OF YOUR EMOTIONS** Seminar takes a look at the whole area of emotions, emotional damage and emotional wholeness. It begins by looking at different definitions of emotions, emotional wholeness and identity, and then goes on to explore how a lack of godly nurture and a healthy personal identity can result in serious emotional damage with its attendant spiritual, psychological and biological consequences. The seminar also looks at some of the more serious consequences of emotional damage before rounding off with some important keys to help broken people return to emotional wholeness and health.

Opportunities will be given to participants during the course of the seminar to reflect, review, and receive prayer in response to the material being taught.

## Seminar Details

Date: **Saturday  
25 June 2011**

Time: **9.00 am - 5.00 pm**

Venue: **Sungai Way Subang  
Methodist Church (SSMC)  
Lot 1044 Jalan Cempaka,  
Kampung Sungai Kayu Ara  
Damansara Utama  
47400 Petaling Jaya, Selangor**

Fee: **RM40.00**  
(teaching, workbook & refreshments)  
Kindly note that registration fees are **NOT REFUNDED** in the event of absence or failure to attend the seminar.

Late Fee: A late registration fee of **RM10.00** will be charged for registrations received after the closing date.

Closing Date: **Wednesday, 22 June 2011**

## Seminar Schedule

08.30–09.00 a.m. **Registration**

09.00–10.30 a.m. **Emotions and Wholeness**

10.30–11.00 a.m. **Break**

11.00–12.30 p.m. **Types of Emotions**

12.30–01.30 p.m. **Lunch**

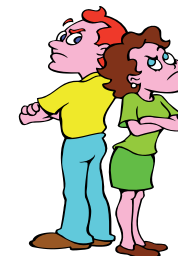
01.30–03.00 p.m. **Emotional Damage and Consequences**

03.00–03.30 p.m. **Break**

03.30–05.00 p.m. **Keys to Emotional Wholeness and Health**

## Registration Form

YES! Please register me for the following Seminar



### Making Sense of Your Emotions

Saturday, 25 June 2011  
9.00 a.m. - 5.00 p.m.

**Fee: RM40.00** (Please note that a late charge of RM10.00 is applicable for registrations received after the closing date of Wednesday 22 June 2011)

### REGISTRATION DETAILS

(registration closes **Wednesday, 22 June 2011**)

Rev/Dr/Mr/Ms/Pastor \_\_\_\_\_

Address \_\_\_\_\_

Tel (Res) \_\_\_\_\_

(Off) \_\_\_\_\_

(Fax) \_\_\_\_\_ (Mobile) \_\_\_\_\_

Email \_\_\_\_\_

Church \_\_\_\_\_

Please make photocopies of this registration form if there is more than one registration.

KINDLY NOTE THAT WALK-IN REGISTRATION IS DISCOURAGED, AND WILL BE CHARGED A SEMINAR FEE OF RM50.00.

### PAYMENT

Seminar fee of RM40.00/50.00\* enclosed.

Please note that the seminar fee is NON-REFUNDABLE but may be transferred to another person, and registration is confirmed only on receipt of payment by the closing date. (\* for late or walk-in registrations)

Payment of fees by Cheque should be made out to **LIFE REBUILDERS (M) SDN. BHD.** Completed registration forms together with payment can be sent to:

**LIFE REBUILDERS (M) SDN. BHD. [534687-U]**

35 Jalan SS 2/2, 47300 Petaling Jaya

Selangor Darul Ehsan, Malaysia.